

Brief Michigan Alcohol Screening Test

Points

1. (2) Do you feel you are a normal drinker? *
2. (2) Do friends or relatives think you are a normal drinker? *
3. (5) Have you ever attended a meeting of Alcoholics Anonymous?
4. (2) Have you ever lost friends or boyfriends/girlfriends because of drinking?
5. (2) Have you ever gotten into trouble at work because of drinking?
6. (2) Have you ever neglected your obligations, your family, or your work 2 or more days in a row because you were drinking?
7. (2) Have you ever had delirium tremens (DTs), severe shaking, heard voices, seen things that weren't there after heavy drinking?
8. (5) Have you ever gone to anyone for help about your drinking?
9. (5) Have you ever been in a hospital because of drinking?
10. (2) Have you ever been arrested for drunk driving or driving after drinking?

*Negative responses are alcoholic responses.

Scoring <3 points, non alcoholic

4 points, suggestive of alcoholism

5 or more, indicates alcoholism

Skinner HA. The Drug Abuse Screening Test. Addictive Behavior 7(4):363-371, 1982.

